

# The Power of a Father's Words

Speaking Life Into Those You Love

*"Words are singularly the most powerful force available to humanity... Words have energy and power with the ability to help, to heal, to hurt, to harm, to humiliate and to humble."*

— Yehuda Berg

## PROVERBS 18:21

*"The tongue has the power of life and death, and those who love it will eat its fruit."*

Our words matter. They will bring **life** or **death**. A father's words have the power to shape identity, confidence, faith, and future generations.

## MATTHEW 3:13–17

*After his baptism, as Jesus came up out of the water, the heavens were opened and he saw the Spirit of God descending like a dove and settling on him. And a voice from heaven said, "This is my dearly loved Son, who brings me great joy."*

Who am I?

Am I loved?

Am I enough?

## THREE THINGS GOD MODELED FOR US

1

### Speak Identity

*"This is My Son"*

You are not just speaking to a child — you are speaking to who they are becoming. Call them by name. Call out their purpose.

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2

### Speak Affection

*"Whom I Love"*

Love that is felt is love that is spoken. Children need to hear it. Say it often. Say it clearly.

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3

### Speak Affirmation

*"With Him I Am Well Pleased"*

Affirmation is not just making them feel good — affirmation is calling out God's work in someone's life.

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**BEFORE YOU SPEAK — T.H.I.N.K.**

T	H	I	N	K
True	Helpful	Inspiring	Necessary	Kind
<i>Is it True?</i>	<i>Is it Helpful?</i>	<i>Is it Inspiring?</i>	<i>Is it Necessary?</i>	<i>Is it Kind?</i>

**"What fathers repeat becomes what children believe."**

*If your children repeated your words to themselves every day for the next ten years, who would they become?*

**MY NEXT STEP**

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